

Newsletter Calcium

Rebound Health News - September 2010



Rebound Health

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[Rebound Diet Guide](#)

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- [Calcium Tablets increase heart attacks by 30%](#)
- [A study of 5600 women over the age of 58 found that calcium supplements increased the risk for hip fracture by 64%.](#)
- [Calcium and Vitamin D increase brain lesions. These lesions are found in people with loss of memory, dementia, Parkinson's and Alzheimer's Diseases.](#)
- [Vitamin D is the most toxic of all the vitamins...may lead to death](#)
- [A calcium article by Bryon](#)
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